## **OUGHTERAGH / DRUMREILLY LOWER PARISH NEWSLETTER**

15<sup>th</sup> Sept 2024 <u>Ballinamore - Aughawillan - Aughnasheelin- Corraleehan</u> 24<sup>th</sup> Sunday OT

**Feast Days:** 16<sup>th</sup> Ss' Cornelius, Pope & Cyrprian 17<sup>th</sup> St Robert Bellarmine & St Hildegard of Bingen September 19<sup>th</sup> St Januaruis, Our Lady of La Salette 21<sup>st</sup> St Matthew Apostle & Evangelist

Office Phone: 071 9644039 Website: ballinamoreparish.com

Office Hours: Mon, Wed, & Fri 9:30am-2:30 Fr. Seán Mawn P.P. Home 071 96 81992 Mob 087 686 9040

Tues & Thurs emails & messages Fr. Malachy Moses C.C. Mob 087 490 4380

Email: <u>ballinamore@kilmorediocese.ie</u>

Fr. John Mc Mahon 049-4339610 Mob. 086-2126582 (Carrigallen)
Join us live, @ churchtv.ie Select Leitrim, then Aughawillan, Aughnasheelin, Ballinamore or Corraleehan

BALLINAMORE - St PATRICKS CHURCH: Sat & Sun 11 am, Mon & Wed 7pm, Tues, Thurs & Fri 9 am

Sun 15<sup>th</sup> Sept 11 am Mattie and Rose Dolan (Fenagh)

Hilary Farrelly (Willowfield Road)

Sat 21st Sept 11 am Joseph McTiernan (Oughteragh) Michael & Annie McTiernan, and deceased family members

Sun 22<sup>nd</sup> Sept 11 am Seamus Beirne 1<sup>st</sup> Anniversary

Marie Wisley (Kiltymooden) and deceased members of the Power and Wisley families.

Eucharistic Adoration: Fridays 9.30am –10.30am

Eucharist Ministers 15<sup>th</sup> Michael Darcy, Maeve Sharpley & Noel Dolan 22<sup>nd</sup> Alice Costello, Raymond McHugh &

Marcella McKiernan 29th Evelyn Mchugh, Marian Sharpley & PJ McLoughlin

Ministers of the Word: 15th Sep Alan Banks 22nd Leigh Murphy 29th Raymond McHugh

**Door Collectors**: 15<sup>th</sup> John O'Connell & David McBrien 22<sup>nd</sup>& 29<sup>th</sup> Sep Damien O'Brien, Andy & Rory O'Rourke

Confessions Available: Saturdays after the 11am Mass in Ballinamore Church, and on request at any time.

**AUGHNASHEELIN - St. MARY'S CHURCH:** 

Mass on Fri 7pm Sat 8:15pm

**Mass Intentions** 

Fri 13<sup>th</sup> Sep 7 pm Tom, Margaret and Joe Costello (Greaghrevamore)

Sat 14<sup>th</sup> Sep 8:15 pm Michael, Ned and Katie Murray (Killaneen) and all deceased family members

Fri 20<sup>th</sup> Sep 7 pm Sissy and Pete Murphy (Knockacullion) their sun Sean and deceased family members

Sat 21st Sep 8:15 pm Fr Leo Dolan Months Mind

<u>Eucharist Ministers:</u> 14<sup>th</sup>&21<sup>st</sup>Sep Caroline Sammon & Breda Mulvanerty 28<sup>th</sup>&5<sup>th</sup>Oct Maura Mulvey & Maureen C <u>Ministers of the Word</u>: Ciara O'Dowd, Catherine & Tara Mahon <u>Door Collectors</u>: Sean McCaffrey and Sean Early

Ministers of the Word: We are inviting you to this ministry. Call Breda Mulvanerty at 086 376 3809

**CORRALEEHAN - St. BRIGID'S CHURCH:** 

MassWed 9:30 Sat 7pm

Mass Intentions

Sat 14<sup>th</sup> Sep 7 pm No Intention

Sat 21<sup>st</sup> Sep 7 pm Brian Prior (Drumderg and NY) 2<sup>nd</sup> Anniversary Gerard Maxwell (Kiltyhugh)

**Eucharistic Adoration:** Wednesday 10 am to 4pm & 6pm to 8pm

<u>Eucharist Ministers</u>: Gillian McNiffe and Michael McGovern <u>Altar Society</u>: Assumpta Bohan and Claire McNiffe <u>Ministers of the Word</u>: Helen McGovern and Sean McNiff <u>Door Collectors</u>: Conor McGovern and Michael McTague

**AUGHAWILLAN - St PATRICK'S CHURCH:** 

Sun 9:45 am

**Mass Intentions** 

Sun 15th Sep 9:45 am Monica and Bernie Prior (Glennanmore) and deceased members of the Gallagher family

Sun 22<sup>nd</sup> Sep 9:45 am No Intention

<u>Eucharist Ministers</u>: Angela MacKay and Michelle Dolan

Ministers of the Word: Isabelle Gaffney & Aoibhinn Quinn

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Ballinamore Prayer Group 8 pm on Tuesday night at the Parish Centre. Come along and invite your friends.

RECENT DEATHS: please pray for Anne (Baby) Tierney Nee Keegan, (NY & Drumcullion) who passed away during the week, (her funeral will take place in New York) and the souls of the faithful departed. May they Rest In Peace THE PARENTS ASSOCIATION of BALLINAMORE COMMUNITY SCHOOL: will be conducting a church gate collection on this weekend of the 14th & 15th September. Your support would be appreciated.

LAY PASTORAL MINISTRY INFORMATION MEETING: takes place in the Island Theatre, on Tuesday 17<sup>th</sup> Sept at 8pm. Brochures are in the church. You can find more information on the Kilmore Diocesan website www.kilmorediocese.ie if you are unable to attend in person, there is an online information meeting. Bishop Martin and team will be at the meetings and are looking forward to meeting you. Any questions email/call Martina pastoralservices@kilmorediocese.ie 085 864 0299

THE CLIMATE CRISIS – WHAT CAN WE DO? You are invited to a Webinar facilitated by Jane Mellett of Trócaire on Thurs 19th Sept at 7.30 pm. To register click the following link https://bit.ly/3XDKJct and enter your name and address

LOST ENGAGEMENT RING: between Library & SuperValu – Gold and Diamond contact Sinead on 086 169 3548

SILENT RETREAT: Theme: "If you but knew the gift of God..." Preached by: Fr. Kilian Byrne, Foyer of Charity at St. Mary's Accommodation, Knock, Co. Mayo. From October 14<sup>th</sup> - 20<sup>th</sup> 2024. Cost: €540 full board Contact: Helen: 086 167 8027 hellywilliams@gmail.com or www.foyerofcharity.ie

THE SEASON OF CREATION FROM 1<sup>st</sup> SEPTEMBER TO 4<sup>th</sup> OCTOBER 2024. Pope Francis is calling on all of us to take action during this time. If you require any support from the Diocesan Kilmore Care of Creation Group, please do not hesitate to contact us. Resources - Season of Creation Patricia Keenan - Kilmore Care of Creation COMMUNITY OF HOPE, PILGRIMAGE OF JOY - A KILMORE DIOCESAN CELEBRATION The Parish of Mullagh & Cross welcomes St Kilian home from Thursday the 3<sup>rd</sup>-6<sup>th</sup> of Oct. the Relics of St. Kilian and his companions will be in Mullagh and Cavan town for the first time in 1300 years. The days will include a procession from Mullagh Lake, a concert, a procession through the town of Mullagh, Mass at dawn, a welcome in the Cathedral, events for primary and secondary children, and many opportunities to venerate the relics. We will also welcome Bishop Franz Jung from Würzburg with over 100 pilgrims. For the full schedule and details of this visit go to kilmorediocese.ie or social media.



WAYS OF SUPPORTING the PARISH FINANCIALLY: The traditional way to support your parish is by contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. In recent times some people set up a SO/EFT to pay, please contact parish office at 071 964 4039 / ballinamore@kilmorediocese.ie, or you scan the QRcode with your smartphone, https://churchtv.ie/, follow the links for your Church to make a donation. The light a candle feature lets you to light a candle in Ballinamore Church from anywhere, 24/7

## **COMMUNITY NOTES**

**ATHLETICS:** The Leitrim Primary Schools Cross Country Championships take place in Ballinamore on Wed Sep 25<sup>th</sup> at 11.30 a.m. The Leitrim Inter Club Cross Country Championship will be held in Ballinamore on Saturday Oct 5<sup>th</sup>.

BALLINAMORE GREENWAY PARKRUN & WALK: every Saturday at 9.30am - looking forward to seeing you there.

**BALLINAMORE WALKING GROUP:** Join our new walking group, meeting every Tuesday at 10am at the basin near Supervalu. A weekly walk & talk with a friendly group of people. All welcome to join.

**SOCIAL DANCING**: with Rena Bannon in Aughnasheelin Community Centre Weds 11<sup>th</sup> Sept at 8.30pm. All welcome. **SOCIAL DANCE**: Fri. 20<sup>th</sup> Sept. Music by Liam McLoughlin 9pm dancing till 11.30 refreshments served. All welcome. **MEETING OF AUGHNASHEELIN DEVELOPMENT GROUP** Mon 16<sup>th</sup> Sept. at 8pm in the Community Centre. Lots of good work going on with the group, with progress on footpath from school to hall, signs updated, new planters and flowers, and plans for Poll an Eas etc., but we need more input from people living in the area. If anyone has ideas for the area or any areas of improvement please come along to the meeting. Everyone welcome.

COMMUNITY NUTRITION PROGRAMME continues with talk on the fundamentals of eating well on Tues 17<sup>th</sup> Sept 7pm sharp in Aughnasheelin Community Centre. All welcome.

<u>AUGHNASHEELIN FOROIGE CLUB:</u> Registration night from <u>7 - 8.30 p.m. on Fri 20<sup>th</sup> of Sept. Aughnasheelin Hall</u>. Registration for 12 - 18 year olds and Parents. Adult Volunteer opportunities - come along to find out more. Call club development officer Jason Harley on **086 1084116** for more information.

AUGHNASHEELIN ANNUAL HOSPICE COFFEE MORNING: hosted by Monica Ward in Aughnasheelin Community Centre on Saturday 28th September, starting 11.30am. Enjoy meeting up with friends, having a chat and enjoying coffee/tea and some home baking. All money raised goes directly to North West Hospice. Sligo.

BADMINTON (adults) from Tues 3<sup>rd</sup> of Sept at 8-10pm. €5 per person PAYG. All welcome. Ballinamore Sports Comp. BALLINAMORE MUSICAL SOCIETY - SISTER ACT - LAUNCH NIGHT. Oh Happy Day! Ballinamore Musical Society is back and we're ready to raise the roof with Sister Act! Join us for the Launch Night on Thursday, 19th September at 8.30pm in Smyths Siopa Ól, where we'll be singing and celebrating like a choir of angels (or, at least, trying!) Whether you're a Superstar or just Hail Holy Queen in the shower, we welcome you all with open arms. No habits required! So come along, and let's make some musical magic together! Everyone Welcome!

ISLAND THEATRE EVENTS Culture Night (FREE EVENT) Ballinamore Writer's Group present 'Film and Fiction' featuring the film "That they May Face the Rising Sun" Fri 20<sup>th</sup> September 8pm. Indigestion with Seamus O'Rourke - Sat 21<sup>st</sup> Sept. 8pm. Time to Shine - Evolution Stage School - Sat 28<sup>th</sup> Sept 7.30pm & Sun 29<sup>th</sup> Sept 2pm. RAKES OF MUSIC: Culture Night 2024 is being celebrated on Sept 20<sup>th</sup> in Ballinamore Library at 7pm, with the launch of 'Rakes of Music'. This is an online collection of Leitrim's tradition of music, song and dance, curated by traditional singer and researcher Fionnuala Maxwell. Local musicians will perform, refreshments served, all welcome TISH DUNLEAVY & THE Co. LEITRIM PERCY FRENCH SOCIETY will present an authentic interpretation of Percy French's songs & recitations in St George's Heritage Centre Carrick on Shannon at 8pm on Fri 20<sup>th</sup> September in celebration of National Culture night. You are guaranteed a great night of fun and entertainment. This is a free event.

FORÓIGE INFORMATION EVENING: 26th September at 7:30 pm in the Junction. Foróige works with young people to develop the club they want, generally a non-competitive space for relaxation and civic activities. All potential volunteers, members and their parents are welcome to come and find out more. For more call Jason on 086 108 4116 https://www.foroige.ie/our-work/foroige-clubs/foroige-your-community-set-foroige-club

QQI LEVEL 4 - GROWING FRUIT () ( Web): Weds 10am-2pm in Ballinamore at the Old Tech. Gain the skills and competence to plan, prepare, plant, maintain, prune, propagate and harvest many fruits. Call Seamus 087 916 8087 QQI LEVEL 3 COMPUTER COURSES: Starts Wed 18<sup>th</sup> Sept. on Wed & Friday in the Mohill Computer Training Centre We are now recruiting for this course. Register by calling 071 9632024 or email reception@mct.ie for more info SEAN O'HESLINS underage GAELIC FOOTBALL TRAINING boys & girls aged from 4-17 call Jenny 087 295 8837 TEMPLEPORT SOCIAL SERVICES-DAY CENTRE re-opens on Wed 18<sup>th</sup> of Sept. Usual transport schedule. Any queries contact Ann Maguire 087 765 5096 or Anne Smith 087 285 7471. Looking forward to seeing you all REFLECTION

Earth provides enough to satisfy every man's need, but not every man's greed Mahatma Gandhi

SEAN O'HESLINS 50:50 Draw: Don't miss out on your chance to win big, to get your tickets. Download the app to enter the draw-alternatively tickets will also be available in Priors @ High St, Smyth Siopa Ól or Murphy's Newsagents or from club members. Please support you could be the next big winner. Tickets €5, 3 for €10 and 7 €20.

SING TOGETHER at the ISLAND THEATRE Monthly drop-ins September 21<sup>st</sup>, 19<sup>th</sup> October, & 16<sup>th</sup> November 11am-12.30pm. Pay as you go/can, Call Sarah for more information 087 762 0523 / sarah@sarahgarden.ie.

Everyone is welcome and you don't need to an experienced singer, this is a chance to sing songs from every genre.

TIN WHISTLE CLASSES: Beginners to Advanced starts Fri. 20<sup>th</sup> Sep Seán O'Heslins Clubroom. Sarah 083 4835881

**COMMUNITY SERVICES HUB BALLINAMORE:** (N41 R522). Information, signposting, free refreshments and a space to talk and socialise. Every second Tuesday from 10am-12pm. 24<sup>th</sup> Sept, 8<sup>th</sup> & 22<sup>nd</sup> October, 5<sup>th</sup> & 29<sup>th</sup> Nov. Also featuring: sewing & mending clothes, basic bicycle repairs. Swap Shop: clothes, toys, books & plants

FRIENDS & CONCERNED COMMUNITY MEMBERS: while there has been a stay on the evictions of the 11 families

in Carraig Accommodation Centre, eviction is still an issue and this is only a stay. CATU members are willing to assist highlight this situation to local public representatives and letters of support are being sought from local community members, copies of which are available to all groups or contact sligoleitrim@catuireland.org for information.

'LEITRIM CALLING'- befriending visitation project seek Volunteers to provide a home visit for one hour per week. The Volunteer will be matched with an older person (client) in the Ballinamore area and through mutual interests. The Volunteer will be provided with full training. The Volunteer will be introduced to the client by the Coordinator on the first visit and then will continue as suits all. Please apply on www.ivol.ie or contact Claire @ claire@volunteerleitrim.ie

THE RURAL SOCIAL SCHEME: has vacancies in the local Area. To participate in the Scheme an individual must be in receipt of an eligible Social Welfare payment such as Farm Assist, Job Seekers Allowance or Disability Allowance, The Individual or Family Member must have access to an active Herd Number. Please contact Gerry on 086 771 6896

HEDGE CUTTING GRANT SCHEME 2024/2025: To encourage the cutting of roadside trees and hedges, Leitrim County Council operate a Hedge Cutting Grant Scheme. The Hedge Cutting Grant Scheme is now open and aims to encourage the cutting of roadside hedges/trees along the Public Road Network. Open to all, individual applicants, communities and groups. The Grant is €75 per km of the roadside hedge/overhanging trees which are cut back. Minimum length of road network per application is 1km. A new additional Grant of €50 per KM (Total of €125 per KM) has been introduced by Leitrim County Council to encourage the cutting of dangerous overhanging tree canopies/branches along the public road network. Further information and application forms are available from Leitrim County Councils website www.leitrimcoco.ie or by contacting the Roads Department by e-mail -roads@leitrimcoco.ie or Telephone 071 9620005 Ext. 630. Closing Date is Friday 31st January, 2025.

or Leitrim Development Company on 071 964 1770 or Email schemes@ldco.ie for more information.

ARE YOU AN ADULT CONSIDERING EDUCATION: Are you unsure of your options and need further information or guidance? The Leitrim Adult Educational Guidance Service will be in Mohill Library on Tuesday, September 17th from 12pm to 4pm and Ballinamore Library on Thursday, September 19th from 10am to 4pm to answer any question you might have. No appointment necessary, just come along on the day. If you need any more information, please don't hesitate to get in touch. Martina O'Sullivan Adult Guidance Information Officer Market yard Centre, St. George's Terrace, Carrick-on-Shannon, County Leitrim. N41P997 071 9621371 086 7743329 martinaosullivan@msletb.ie COMMUNITY OF HOPE, PILGRIMAGE OF JOY - A KILMORE DIOCESAN CELEBRATION The Parish of Mullagh & Cross welcomes St Kilian home October 3 – 6 2024 From Thursday the 3rd-6th of October the Relics of St. Kilian and his companions will be in Mullagh and Cavan town for the first time in 1300 years. The days will include a

and his companions will be in Mullagh and Cavan town for the first time in 1300 years. The days will include a procession from Mullagh Lake, a concert, a procession through the town of Mullagh, Mass at dawn, a welcome in the Cathedral, events for primary and secondary children, and many opportunities to venerate the relics. We will also welcome Bishop Franz Jung from Würzburg with over 100 pilgrims. You can get the full schedule and details about all aspects of the visit at kilmorediocese.ie and on diocesan social media.

SOLAS ART GALLERY - TWO SOLO EXHIBITIONS opened Friday 6<sup>th</sup> of Sept in The Island Theatre. Both exhibitions will run until the 12<sup>th</sup> of October. Gillian Wright "Connections & Eimer Lynch "Borderlands: A Love Affair" will offer an absolute delight of nature, healing and light. Open Tue – Fri 12pm-5pm & Sat 10am-3pm.



WAYS OF SUPPORTING the PARISH FINANCIALLY: The traditional way to support your parish is by contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. In recent times some people set up a SO/EFT to pay, please contact parish office at 071 964 4039 / ballinamore@kilmorediocese.ie, or you scan the QRcode with your smartphone, https://churchtv.ie/, follow the links for your Church to make a donation. The light a candle feature lets you to light a candle in Ballinamore Church from anywhere, 24/7 CATHOLIC MARRIAGE ENCOUNTER IN IRELAND — is an experience for married couples who want something more in their marriage ~ more fun, spontaneity, excitement, communication,

understanding, romance, intimacy, passion, joy. Our next Marriage Enrichment Weekend is Friday 8<sup>th</sup> – 10<sup>th</sup> November. Venue: Focolare Centre, Prosperous, Co. Kildare Online booking only: www.marriageencounter.ie ACCORD NOW SEEKING MARRIAGE PREPARATION FACILITATORS. Might this be you? Accord Catholic Marriage Care Service CLG is currently recruiting volunteers to train as marriage preparation programme facilitators. If you: are supportive of marriage in the Catholic Church; and have the enthusiasm to be part of the Accord team that supports couples preparing for the Sacrament of Marriage ... then Accord wishes to hear from you! An Accord marriage preparation facilitator is a personally fulfilling leadership role, blending life experience and faith. Successful applicants will receive professional training and be part of a team delivering marriage preparation programs locally. Contact Aisling on 01 505 3112 or email marriagepreparation@accord.ie and further information see <a href="www.accord.ie">www.accord.ie</a> SENIORLINE: a national telephone service for older people open every day 10am-10pm, Freephone 1800 80 45 91. SeniorLine's older volunteers are trained to listen, to support, to discuss options and to other helpful services.

WHERE IS MY MIND? - LIVE TOUR 2024 - WITH NIALL 'BRESSIE' BRESLIN: Saturday 19<sup>th</sup> Oct 2024. @ 7.45pm After a sensational run of sold out shows in 2023, Niall "Bressie" Breslin is bringing his multi-award-winning 'Where is My Mind?' podcast on the road again in October Tickets on our website islandtheatre.ie and at niallbreslin.com.

BOOKING ANNIVERSARIES MASSES: As you are aware we have shared mass intentions in our churches at the weekends. We try to limit the number of intentions to a maximum of three. To maintain this arrangement please book anniversary masses well in advance of your preferred time. Priests are allowed one mass stipend or donation per day, when we have shared intentions the extra donation is sent to retired or missionary Priests, who celebrate the extra Masses. Please book your Masses via email ballinamore@kilmorediocese.ie or phone 071 964 4039

**GENTLE REMINDER**: to update your church contributions for 2024. Offertory contributions for the upkeep of your church are made payable to the local church. All Dues contributions towards salaries for priests are made payable to Ballinamore Catholic Church No.2 ACC

THE SACRED HEART MESSENGER MAGAZINE is always a pleasant and thoughtful read with Items on scripture and prayerful reflection sitting beside those with a focus on the Jesuit priorities of social and climate justice and creating a hope-filled world for our young people. Subscribe here https://www.messenger.ie/product/sacred-heart-messenger-subscription/



RADIO MARIA IRELAND: Thank God and sincere thanks also to our many listeners and supporters as Radio Maria continues to grow. As an Irish-run Catholic Talk-Radio Station we enjoy commercial free broadcasting - Prayer, Catechesis, and Uplifting

music, Talks, Interviews and Testimonies –Here's how you can listen: 1. via Digital TV - Saorview Channel 210, 2. Download our FREE App "RADIO MARIA IRELAND" 3. Streaming on our WEBSITE - www.radiomaria.ie, 4. Via our Listen Live Radio' link on our Facebook Page. 5. Via PHONE – get live radio feed by calling +353 (0) 1 437 3277. Why not drop a line to our Priest Director, Fr. Eamonn McCarthy by text on 089 467 2000, by phone on 01 412 3456, or come and pay us a visit at Radio Maria Ireland, St. Anthony's Business Park, Ballymount Road, Dublin D22 R7W2.

MEDJUGORJE IRISH CENTRE PILGRIMAGES - OCT 2024: 7 Nights B&B from €273 per person sharing. Airport transfer available on request. Contact us for details Tel. 01 4434510 Medjugorje: 00387 36 651 518 Ireland: 0353 1 443 4510 or email: reservations@med-irishcentre.com and Website: www.med-irishcentre.com

**FAMILY CARERS IRELAND**: Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers nationwide. Contact **057 93 70221** and hear how we can support you or for more info visit. www.familycarers.ie

5 STEP SUPPORT SERVICE: Are you affected by the misuse of alcohol or other drugs by another individual? 5 Step Support can help you; it is a free, non-judgemental, one-one consultation service. Putting your needs and wellbeing first, helping you manage stressful, difficult and emotional issues. You don't have to be addicted to suffer from addiction! M-PACT supports the whole family, helping to improve relationships, communication and recovery. If you would like further information Please contact 071 9150578 or 085 875 9319 or email sligoleitrim@alcoholforum.com

REMAINING DATES DIOCESE OF KILMORE PRE-MARRIAGE COURSE 2024: Fri 11<sup>th</sup> Oct. 7.30pm – 10 pm & Sat 12<sup>th</sup> Oct. 10 am – 5 pm \*It is planned that the above courses will take place Face to Face. Courses will take place in the Pastoral Centre, Cullies, Cavan, H12 E5 C7. To book a course please log on to: www.accord.ie

CAREER IN CARING FOR THE ELDERLY: Home Instead are always looking to recruit Caregivers. Whether you can work a couple of hours a week or want to work full time, we would like to hear from you. Experience and FETAC/QQI level 5 qualification in healthcare is an advantage but not compulsory as training is provided. Please contact Seyi or Ciara on (071) 9317051 or recruitment-admin.sligo@homeinstead.ie.for more information.

MUVE HEALTHCARE provides homecare services in the local area. If you are looking for a carer or nurse for your relative or loved one, please contact Caroline O'Neill, Head of Homecare on 089 611 1647 for more details. Our website is www.muvehealthcare.ie.

ALONE IS LOOKING FOR VISITATION VOLUNTEERS: in your area to make befriending visits to older people looking for extra social contact for 1 hr per week. \*Volunteers needed\* would you provide companionship visit or make friendly calls to Older People once a week for an hour or two? ALONE are seeking volunteers in your area. Full training and support provided, if interested please sign up here: https://alone.ie/volunteers/ for more information, contact Sinead on <a href="mailto:Sinead.Flanagan@alone.ie">Sinead.Flanagan@alone.ie</a> on <a href="mailto:0861921505">086 192 1505</a> and leave a message with your name and contact number and I will phone you back.

