BALLINAMORE & DRUMREILLY LOWER PARISH NEWSLETTER

1st Sunday of Lent 18th Feb. 2024.

Feast Days: 20th Feb St's Jacinta & Francisco Marto (Fatima) 21st St Peter Damian 22nd Feb Chair of St Peter, Apostle, 23rd Feb St Polycarp

Website: ballinamoreparish.com 071 9644039

Office Hours: Mon, Wed & Fri 9:30- 2:30 pm. Fr. Seán Mawn P.P. Home 071 96 81992 Mob 087 686 9040

emails & messages Fr. Malachy Moses C.C. Mob 087 490 4380 **Tues & Thurs**

Email: ballinamore@kilmorediocese.ie Fr. John Mc Mahon 049-4339610 Mob. 086-2126582 (Carrigallen) Join us live, @ churchty ie Select Leitrim, then Aughawillan, Aughasheelin, Ballinamore or Corraleehan

Sat & Sun 11am, Mon 7 pm, Tues, Weds & Thurs 7:30 am & Fri 9 am **Ballinamore Church:**

Sat 17th Feb 11 am Tom Donohoe (Leitrim & Dublin) Sun 18th Feb 11 am Eithna and Paddy Smyth (High Street)

Tue, Wed & Thurs 7:30 am

Sat 24th Feb 11 am No intention Sun 25th Feb 11 am: People of the Parish

Fridays 9.30am -10.30am **Eucharistic Adoration:**

Eucharist Ministers: 18th Feb Philomena Earley, Mary McWeeney, & Aileen Wisley 25th Michael Darcy, Maeve

Sharpley & Noel Dolan 3rd Mar Evelyn Mchugh, Marian Sharpley & PJ McLoughlin

Ministers of the Word: 18th Feb Patricia Griffin, 25th Feb Niamh Griffin 3rd Mar Kay Maguire 10th Mar Ciara Duignan **Door Collectors**: 18th Feb Damien O'Brien, Andy O'Rourke & Rory O'Rourke. 25th Feb & 3rd Mar Seamus

Earley, Michael Fanning & Camillus Martin.

CONFESSIONS AVAILABLE: Saturdays after the 11am Mass in Ballinamore Church, and on request at any time.

Aughnasheelin, St. Mary's Church:

Fri 7pm & Sat 8:15 pm

Mass Intentions

Office Phone:

Sat 17th Feb 8:15 pm Terence Joe Boyle (Tullybawn) his parents Terence and Brigid Boyle and all deceased Family

Aidan McTeigue, his daughter Mary McDermott, and his sisters Rita and Maisie, and all

deceased members of the McTeigue family.

Fri 23rd Feb 7 pm Michael Sammon

Sat 24th Feb 8:15 pm Frank and Aileen Flynn (Derrynawana) and Tom Joe Flynn (Drumeenaun)

Stations of the Cross for Lent: Fridays after 7pm mass.

Eucharist Ministers: 17th & 24th Feb Margaret Murphy & Volunteer 2nd & 9th Mar Seamus Prior & Margaret Mc

Ministers of the Word: Shirley Sammon & the Gunn family Door Collectors: John Pat Creamer & James McCaffrey

Corraleehan St. Brigid's Church: Wed 9:30 am & Sun 9:45 am.

Mass Intentions

Sun 18th Feb 9:45 am Angela McNiff (Kiltyhugh) 1st Anniversary

Sun 25th Feb 9:45 am Thomas Patrick and Brigie McNiffe (Drumgowna) and all deceased family members

Wednesday 10 am to 4pm & 6pm to 8pm **Eucharistic Adoration:**

Eucharist Ministers: Carmel McNiffe & Philomena Dolan Altar Society: Nell Prior and Bernie Dolan

Ministers of the Word: Claire McNiffe & Laurence Fee **Door Collectors**: Packy Maguire & Michael McGovern

St Anthony Collection Box: €68.40 was lodged from this collection, your generosity is greatly appreciated.

Aughawillan St Patrick's Church:

Weds & Sat 7pm

Mass Intentions

Sat 17th Feb 7 pm People of the Parish

Sat 24th Feb 7 pm Bernie and Monica Prior and all deceased members of the Gallagher and Prior families

Eucharist Ministers: Patricia Deane and Des Quinn Altar Society: Bernadette Mahon and Caroline McGovern Ministers of the Word: Kate McCauley and Aisling Quinn Door Collectors: Charlie Kelly and Patsy McGovern

BALLINAMORE PRAYER GROUP 8 pm on Tuesday night at the Parish Centre. Come along and invite your friends.

RECENT DEATHS: Please pray for the souls of Marie Flynn, Lahard, Edward Fleming (father of Colette Flanagan) Aughawillan and all the Faithful departed. May They Rest in Peace



WAYS OF SUPPORTING THE PARISH FINANCIALLY: The traditional way of supporting your parish is contributing through your weekly envelope collection. Thanks to all who do so, so generously each week. If you haven't picked up your box of envelopes please do so as soon as you can. If you are new in the parish and would like to contribute please contact parish office on 071 964 4039 email address ballinamore@kilmorediocese.ie. In recent times some people prefer to set up a standing order and pay in that way, again contact parish office for details. OUGHTERAGH & LOWER DRUMREILLY PARISH: Scan the QRcode with your smart phone, https://churchtv.ie/ and follow the links for your Church to make a donation. The light a candle feature allows you to light a candle instantly in Ballinamore Church from anywhere, 24/7.

PLEASE COLLECT YOUR TRÓCAIRE BOX IN EACH CHURCH

BIBLE STUDY AND LECTIO DIVINA IN LENT: An introduction to the Gospel of St. John, followed by prayerful reading of Gospel passages (Lectio Divina), led by Bishop Emeritus Leo O'Reilly, continues each Thursday 7.30-9pm The course takes place in the Kilmore Diocesan Pastoral Centre, Cavan H12 E5C7, concludes 21st Mar. All welcome. A voluntary donation each night would be appreciated. For further information contact the Centre on 049 437 5004. CAPUCHIN MISSIONS: Acknowledge and Sincerely Thank you all for contributions to the Capuchin Missions since 20th Dec. in the amount of €580.00 with every good wish and Blessings, Br. Joe Gallagher, OFM CAP, Kilkenny Friary. Your generosity to our missions in Zambia and South Africa is of immense value to the Christian communities we serve there. (Donations to the St. Anthony's collection box in the church porch go to the Capuchin Missions) **EXPLORING THE MASS**: A Lenten series with Bishop Martin and Kilmore Faith Development Team. Ever wondered about the reasons behind our actions during Mass? Curious about the true significance of the origins of the Mass itself? Have you ever heard someone say, "I'm not getting much from Mass"? Maybe the real question is, "What am I contributing to Mass? Am I genuinely involved, or just an observer?" You are warmly invited to join Bishop Martin and members of the Kilmore Diocesan Pastoral Development Team on a unique three-week online series to explore these questions and more with videos explaining the different parts of the Mass, interactive discussions, personal stories, and an opportunity to ask questions. Please note change of dates The sessions will run on Wednesdays, 28th Feb, 6th and 13th of March sessions will start at 7:30 pm. for 1 ½ Hrs everyone is welcome, to register, please send your name and email address to pastoralcentre@kilmorediocese.ie

CEREMONY OF LIGHT: for confirmation candidates takes place in Aughnasheelin Hall Tues. February 20th at 8pm Confirmation will be administered by Bishop Martin in St. Patrick's Church Ballinamore on Sat. March 2nd at 11am. COPIES OF THE DIOCESAN REPORT ON THE RESPONSES FROM PARISH MEETINGS OF AUTUMN 2023: available to take home with you from each church porch. This report is also on the diocesan website www.kilmorediocese.ie COMMUNITY NOTES

ATHLETIC CLUB: Training continues Tues & Thurs at 7pm. New members welcome each night. Preparations at each training session for the LSP Leitrim Primary Schools Sports Hall Athletics competition at the end of this month. AUGHAWILLAN NS: Enrolling for Sep '24, to get Enrolment forms contact 071 9644246 / aughawillanns@gmail.com AUGHNASHEELIN SOCIAL DANCING CLASSES Wed. 8pm in the Community Centre, lots of dances. All welcome. AUGHNASHEELIN SPRING CLEAN: Thank you to the volunteers who litter picked in their areas, it is a huge benefit to the Aughnasheelin area. Please keep your litter in your car until you get home and dispose of your litter responsibly CIORCAL na mBÁN AUGHNASHEELIN: has recently been formed in Aughnasheelin. The aim of the group is to provide a social outlet for women, an opportunity to get away for an hour for yourself. All welcome on Tues 20th Feb 7.30pm at Aughnasheelin community centre. Tuesday may not be meeting day, we will decide on the night. The first event is an evening with Ruby's Mill making floral centrepieces, on Tues 5th Mar. 8pm in the Comm Centre tickets are €35 includes materials and equipment. Txt 086 608 3516/086 192 5895 to book as Spaces are limited. **BOOK CLUB:** Would you be interested in joining a book club if so please get in touch with Shirley at **086** 608 3516. The Aughnasheelin development group is now meeting on a regular basis, everyone is welcome. This is a great forum to look after the Aughnasheelin area with interest groups organised for environment, infrastructure, social activities and sports – there's something for everyone, so please feel free to come along to any of the meetings. BALLINAMORE GREENWAY PARKRUN & WALK: every Saturday at 9.30am - looking forward to seeing you there. BALLINAMORE BADMINTON CLUB: Tues at 8pm Ballinamore Sports Complex. €3 per night, PAYG. All welcome. LEITRIM VOLUNTEER CENTRE OUTREACH OFFICE: based in The Island Theatre Ballinamore, working with volunteers and organisations to promote and enhance volunteering across Leitrim. For more information and to register your group or as an individual contact Claire on 087 769 6514 or e mail claire@volunteerleitrim.ie ISLAND THEATRE - UPCOMING EVENTS: Upcoming Events as follows: The Wizard of Oz (children's musical) Feb 16th & 17th 7.30pm. March 2nd to 10th 8pm - Ballinamore Drama Festival, March 16th 8pm - The Empty Nest (play) by Oisin Flores Sweeney, March 21st 8pm - Pat & Faye Shortt 'Knuckle Down' (comedy), March 24th 2pm -Born to be Wild (children's show). Tickets and more info available at www.islandtheatre.ie **DESKTOP PUBLISHING COURSE – STARTING FEB. 26th:** Mohill Computer Training is now accepting registrations for its P/T 4-week QQI Level 4 Desktop Publishing course. Ideal for new and intermediate computer users preparing for employment or simply looking to upskill. Learn to create stunning publications such as Logos, Business Cards,

Invitations, Flyers and Newsletters. Register by calling 071 9632024 or emailing Feargal feargalodonaile@msletb.ie GARDENING COURSES STARTING IN BALLINAMORE ETB CENTRE:

QQi Level 4 Growing Vegetables every Wed. 21st from 10am-2pm. QQi Level 3 Trees & Shrubs every Thurs. 22nd from 10am-2pm. Courses are free to everyone over 18. To register call or just call up to Seamus 087 916 8087.

SET DANCING CLASSES: Shortts Bar on Thursdays, call **086 850 6696** for more information.

SEAN O'HESLINS – MONTHLY DRAW: Tickets for February's monthly draw are available and can be purchased from Smyth's, Priors, Murphy's, Fresh today, and Phillip Farrelly and online. €550 in prizes, all support is appreciated. GAELTACHT GRANTS 2024: Leitrim Co Board GAA with Comhairle Contae Liatroma is offering grants for attendance at Gaeltacht courses to Leitrim boys and girls as part of their promotion of an Ghaeilge. Grants for €300 and €200 to be awarded to boys and girls living in Co Leitrim. Application forms can be found on the link leitrimgaa.ie/gaeltacht to be completed and submitted online. Closing date for applications Thurs 1st March 2024. SENIOR SCÓR Leitrim Co Finals of Scór Sinsear will take place on Sat. 23rd March in Drumshanbo. The club would like to be represented in all different competitions and anyone interested in participating in singing, recitation, question time etc. contact Seán Ó Súilleabháin at 087 6821566

REFLECTION

All that is given cheerfully and generously to another comes back to you and enriches your life in unexpected ways.

SING TOGETHER at the ISLAND THEATRE Monthly drop-ins 11am-12.30pm. Pay as you go/can. Next dates 24th Feb, 23rd March & 20th April 2024. Call Sarah for more information 087 762 0523 / sarah@sarahgarden.ie. Everyone is welcome and you don't need to an experienced singer, this is a chance to sing songs from every genre. IRISH CONVERSATION CLASSES. The Ciorcal Comhrá, or Irish Conversation Circle in Ballinamore Library is on Tues. 8 pm. Different levels/classes apply. Admission free. Ring or text 087 682 1566 to book.

TIN WHISTLE LESSONS: Fridays at 7pm for beginners and intermediate/advanced children. All newcomers welcome. Classes in Sean O Heslins GAA clubroom for more information contact Sarah at 083 483 5881

FREE HORTICULTURE COURSE (QQI Level 4) F/T Horticulture Course commencing on the 26th Feb. Drumshanbo for 45 weeks. Training Allowance available. Contact Linda on **086 2031664** or email LindaLogan@msletb.ie TEMPLEPORT DAY CENTRE resumes on Wednesdays. Usual transport arrangements, new members welcome. Looking forward to seeing you all again.

GENTLE EXERCISE CLASS: movement to music & stretching suitable for older adults. Thurs 10am in Ballinamore Old Primary School (beside the old convent, pedestrian crossing & new national school). All welcome.

DANCE FIT & TONING CLASS: Mondays at 8pm in Ballinamore Community Hall, and Wed. 6.30pm in Ballinamore Old Primary School, fun exercise class with Michelle Fanning. For further information contact 087 939 0980.

CORLOUGH LINE DANCING: Tues in Corlough Community Centre at 8pm, admission €7 all welcome.

BREIFNE HISTORICAL SOCIETY: Host a Lecture on Thurs Feb. 22nd in Cavan Library at 7pm. Dr Eileen Murphy talks about "Children's burial grounds (Cillini) and the early modern religious landscape". Free event, all welcome. CALLING ALL TUTORS! Leitrim Dev. Company are creating an up-to-date list of tutors and speakers, who are available to offer courses, talks and workshops on many subjects. If you would like to be added to the list for 2024, please email your name, contact information (phone & email) and a brief description of what you do to annamctiernan@ldco.ie Community Groups will contact you directly to make arrangements for course/talks.

CAVAN INSTITUTE: is hosting an Open Day Thurs. 29th Feb. from 9 am to 3.30pm. This is an opportunity to visit the institute and discuss the opportunities available, upon completion of a PLC or Traineeship course here in Cavan Institute. The event will take place over two sites -- the Cathedral Rd campus and on our new state of the art campus on the Dublin Rd. (Courtesy buses will take interested students to view the facilities on the Dublin Rd.) So, if you are interested in accessing progression routes for third level education in Higher Education Institutes and Universities, upskilling, obtaining employment or taking a gap year, why not come along and see what Cavan Institute can offer?

FAMILY CARERS IRELAND: Are you caring for a loved one at home with additional needs? A spouse, partner, child, close relative or neighbour? Then you are a family carer! Become a member of Family Carers Ireland, the national charity supporting Ireland's 500,000+ family carers nationwide. Contact **057 93 70221** and hear how we can support you or for more info visit www.familycarers.ie.

5 STEP SUPPORT SERVICE: Are you affected by the misuse of alcohol or other drugs by another individual? 5 Step Support can help you; it is a free, non-judgemental, one-one consultation service. Putting your needs and wellbeing first, helping you manage stressful, difficult and emotional issues. For more information please contact 071 915 0578/085 875 9319 or email sligoleitrim@alcoholforum.com you don't have to be addicted to suffer from addiction! GENTLE REMINDER: to update your church contributions for 2024. Offertory contributions for the upkeep of your church are made payable to the local church. All Dues contributions towards salaries for priests are made payable to Ballinamore Catholic Church 2 ACC

BOOKING ANNIVERSARIES MASSES: As you are aware we have shared mass intentions in our churches at the weekends. We try to limit the number of intentions to a maximum of three. To maintain this arrangement please book anniversary masses well in advance of your preferred time. Priests are allowed one mass stipend or donation per day, when we have shared intentions the extra donation is sent to retired or missionary Priests, who celebrate the extra Masses. Please book your Masses via email ballinamore@kilmorediocese.ie or phone 071 964 4039 150th ANNIVERSARY OF THE OPENING OF THE ORIGINAL St PATRICK'S COLLEGE: Tuesday 12th of March 2024 will mark the opening of this iconic building which served as a college (up to its relocation to the new college building in 2012) and now houses the Kilmore Diocesan Pastoral Centre since 2005. Bishop Martin Hayes will be the principal celebrant of a special Mass to commemorate this milestone anniversary in the Cathedral of Saints Patrick & Felim, Cavan on Saturday 16th of March 2024 at 11am. Further details will be announced in due course. MEDJUGORJE IRISH CENTRE PILGRIMAGES APRIL - OCT 2024: 7 Nights B&B from €273 per person sharing. Airport transfer available on request. Contact us for details Tel. 01 4434510 Medjugorje: 00387 36 651 518 Ireland: 00353 1 443 4510 or email: reservations@med-irishcentre.com and Website: www.med-irishcentre.comCAREER IN NATIONAL STEERING COMMITTEE OF THE CATECHISM OF THE CATHOLIC CHURCH ADULT STUDIES: Our Catechism Youcat Workshop for 2024 takes place on Saturday 10th February at Our Lady's Shrine Knock with Spiritual Director: Fr. Vincent Twomey for more info please see the poster at the back of the Church. To book please contact: Máirín Ní Shúilleabháin B.A. Div. Coordinator, at mairin991@gmail.com Tel. Mob 087 795 0325 THE REPORT ON THE RESPONSES FROM PARISH MEETINGS OF AUTUMN 2023: has been made available to parishioners and can be found on the Diocesan Website www.kilmorediocese.ie it is accompanied by a Message

TOTUS TUUS MAGAZINE is a Catholic magazine, full of articles from Irish priests and laity, which aims to highlight the beauty and joy of our faith. It is now in its 7th year and is run by donations. If you haven't come across Totus Tuus Magazine and would like a free copy please contact Fiona Kiely on 086 876 0058.

from Bishop Martin indicating immediate next steps in response to the Report.

CARING FOR THE ELDERLY: Home Instead are always looking to recruit Caregivers. Whether you can work a couple of hours a week or want to work full time, we would like to hear from you. Experience and FETAC/QQI level 5 qualification in healthcare is an advantage but not compulsory as training is provided. Please contact Seyi or Ciara on (071) 9317051 or recruitment-admin.sligo@homeinstead.ie.for more information.

ALONE IS LOOKING FOR VISITATION VOLUNTEERS: in your area to make befriending visits to older people looking for extra social contact for 1 hr per week. *Volunteers needed* would you provide companionship visit or make friendly calls to Older People once a week for an hour or two? ALONE are seeking volunteers in your area. Full training and support provided, if interested please sign up here: https://alone.ie/volunteers/ for more information, contact Sinead on Sinead.Flanagan@alone.ie on 086 192 1505 and leave a message with your name and contact number and I will phone you back.

February workshops coming up, if you would like to find out more information about any of our upcoming courses, please email equiries@sanctuary.ie or call us on 01 670 5419.

See some of our upcoming courses below:

- 1. Transitioning into Spring with Riana Walsh on site at The Sanctuary this Saturday 10th February 10am -1pm
- 2. Begin Again Reconnect with Mindfulness Practice with Mary Jennings onsite at The Sanctuary 4 week course starting 13th Feb at 6.30pm
- 3. Yoga Nidra with Anna onsite at The Sanctuary Thursday 8th February 7-8pm
- 4. Singing Bowl Workshop with Simone Meschnig onsite at The Sanctuary Saturday 17th February 10am 2.30pm
- 5. Mindfulness Based Living Course Ciara Holland onsite at the Sanctuary starting Tuesday 19th March at 7pm

Check out more information on these courses through the links below or visit our website www.sanctuary.ie

